



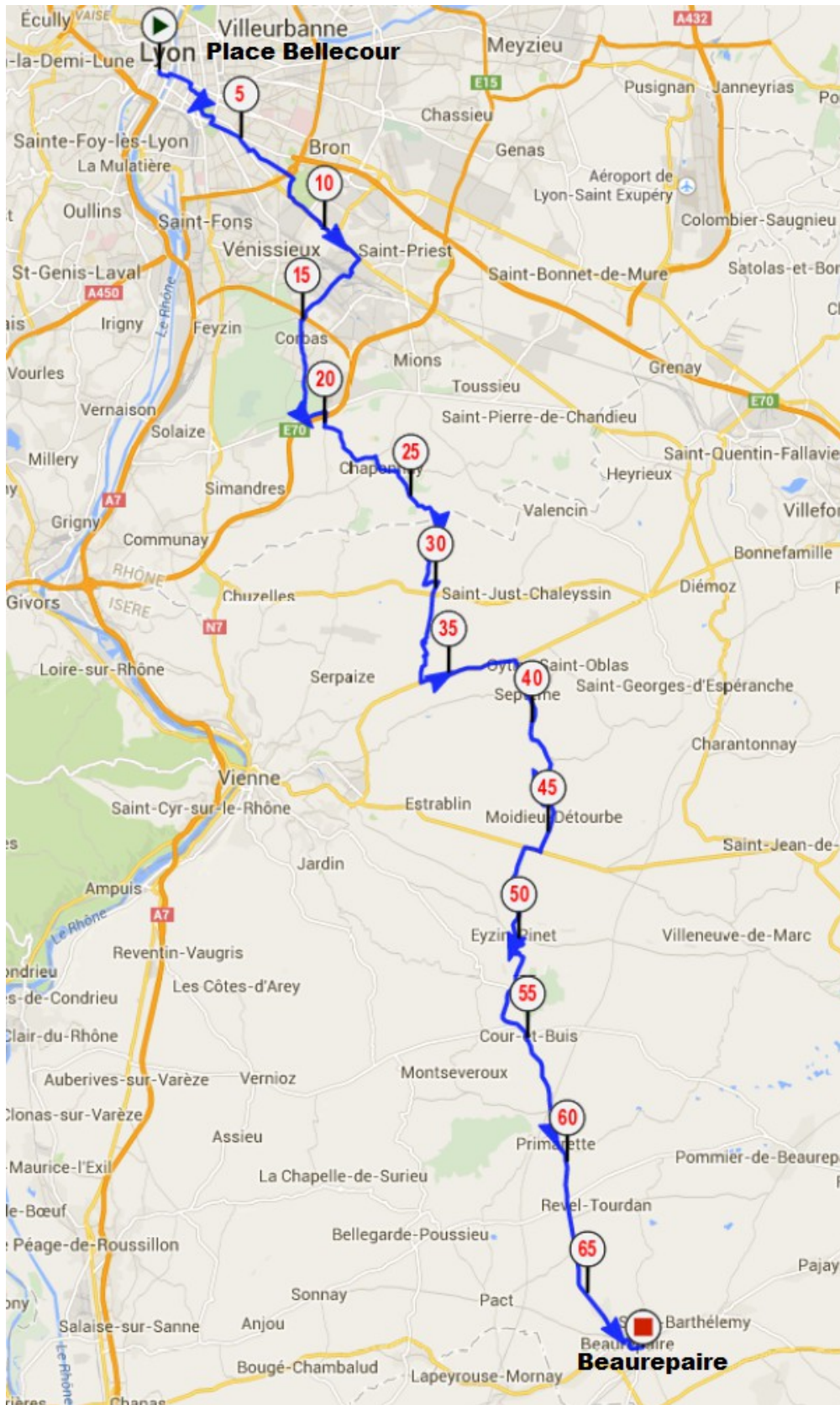
### *3 mountains*

### *Stage 10: Lyon*

07/07/15

Just a quick photo-op under the Eiffel Tower before heading south using the well-known route through the suburbs for 15k before returning to the countryside with a total elevation of 1000m. The campsite will welcome the Tour de France riders.

**Lyon-Place Bellecour**



Beaurepaire is one of the first cities in Europe to be fitted with a system of electrical street lights. In 1883, just 2 years following

the first Paris International Electricity Fair, a local mechanist, Louis- Michel Villaz, used a steam threshing machine, a dynamo and a few arc lamps to light up some of Beaurepaire's streets.



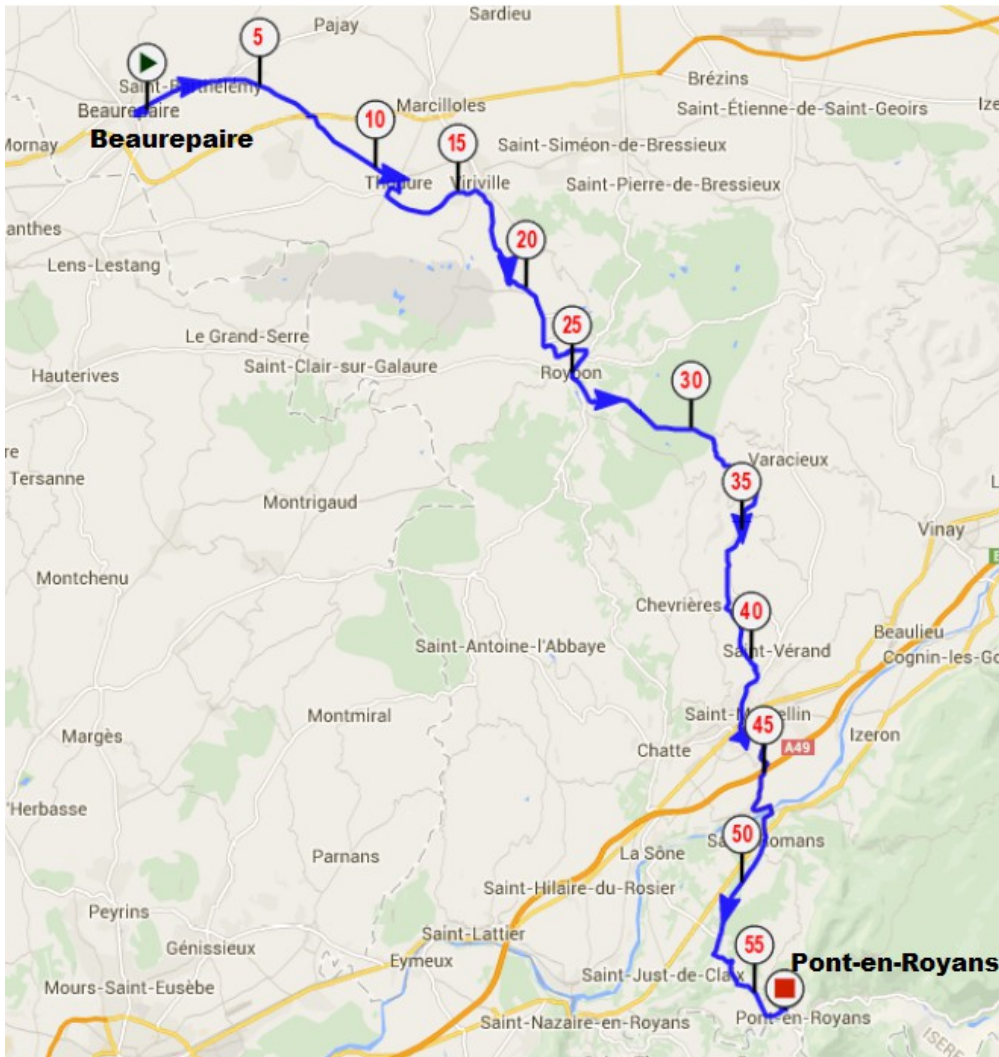
## ***Stage 11: Beaurepaire > Pont-en-Royans***

08/07/15                      56.855km                      Beaurepaire                      >                      Pont-en-Royans

This stage will lead the TdFFR towards the footsteps of the Vercors passing through the small town of St Marcellin (km 41) - famous for its small round, wrinkly cheese with a beige crust and a rustic, nutty, fruity flavour . After crossing the River Isère at the Beauvoir bridge (km 47 mark), the runners will reach Pont-en Royans, a small village with its amazing houses hanging above the                      River                      Bourne.

The TdFFR 2015 will pitch its tents on the rugby field of Pont-en Royans next to the city campground Les Seraines on the right banks of the river Bourne. [+info](#)

**Beaurepaire > Pont-en-Royans**



Pont-en-Royans is known as one of the most picturesque villages of the Dauphiné region with its colourful houses overlooking the River Bourne. The village has been known since the 19th century for the nearby Route des Goulets, a road carved in the spectacular karst of the Vercors which was built to facilitate the development of the lumber trade in the region.



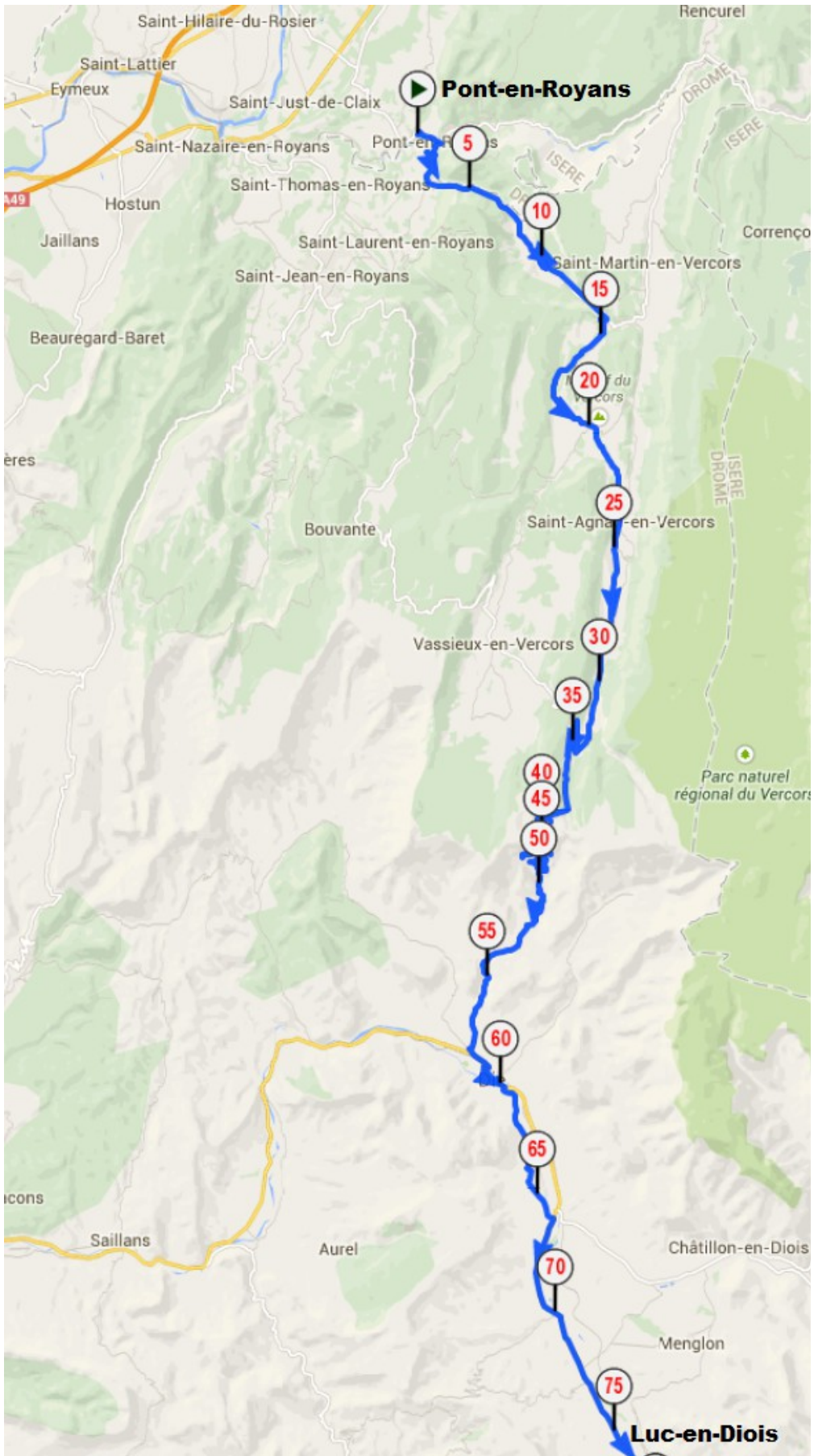
## ***Stage 12: Pont-en-Royans > Luc-en-Diois***

09/07/15 77.857km Pont-en-Royans > Luc-en-Diois

This stage through the Vercors will be the first mountain stage of the TdFFR 2015 with over 1800m cumulative elevation. On leaving Pont-en-Royans, the route will use the narrow D158 road going through des Grands Goulets tunnel (1700m long), then will ascend progressively to reach the pass of Le Rousset at Km 38 mark (el. 1386m). The route will then descend over the next 17 km towards Die going through a 769m long tunnel which will lead our runners on a winding road overlooking the Drome River basin. After passing Die, the route will run along the river Drome to reach Luc-en-Diois after 77km. Les Foulons campsite will welcome the TdFFR racers on the Drome river banks at the edge of Luc-en-Diois. [+info](#)

**Pont-en-Royans > Luc-en-Diois**





Luc-en-Diois, once shared with Vaison-la-Romaine the title of chief city of Vocontii, an important romanized Gallic people, but lost gradually over the centuries its status of regional capital of the Pays de Diois to Die ( also known for its fuzzy beverage: Clairette de Die). In 1442, not far from Luc-en-Diois, the top of the rock Pic de Luc fell off, probably as a result of an earthquake, and crashed on the rocky spur of the Pignonier, splitting up in giant boulders - Le Claps du Luc – which ended up in the Drome River, blocking its flow and creating two lakes.

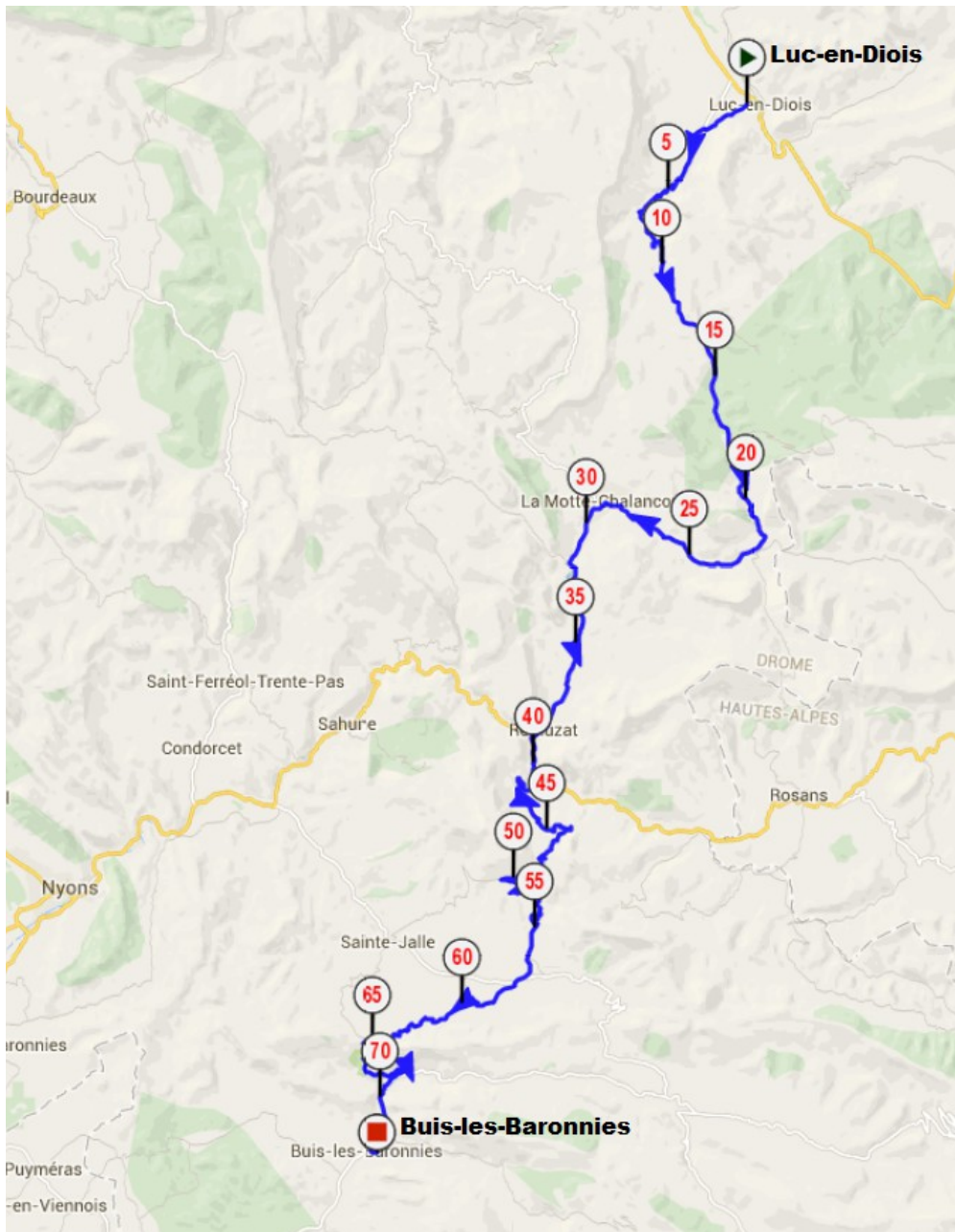


## ***Stage 13: Luc-en-Diois > Buis-les-Baronnies***

10/07/15 72.483km Luc-en-Diois -> Buis-les-Baronnies

This second mountain stage will start by crossing a river ford on the way to the pass of Prémol (el.962m) which we will reach after only 11km. From there the route will descend over 30km to touch the edge of the Massif des Baronnies before taking on the ascend of the pass of Soubeyrand (el.990m) that TdFFR's runners will reach in approximately 8km. After crossing the pass, the route will drop for the next 10km winding down through orchards and lavender fields towards the crossing of the river L'Ennuye. Following the last climb of the day, the pass D'Ey (el.718m), the route will undulate among the olive trees in the last part of the stage to reach Buis-en Baronnies. The finish line will be set at the Fontaine d'Annibal camping, a campsite located in an old orchard of 3.5 acres on the banks of river Ouvèze. [+info](#)

**Luc-en-Diois > Buis-les-Baronnies**



Nestled in the lush valley of the Ouvèze river, Buis-les-Baronnies has become an important centre for aromatic and medicinal plants along with the producing, distilling and transforming of linden tea, lavender, olives and apricots.





## Stage 14: Buis-les-Baronnies > Ventoux > Sault

11/07/2015

72.017km

Buis-les-Baronnies

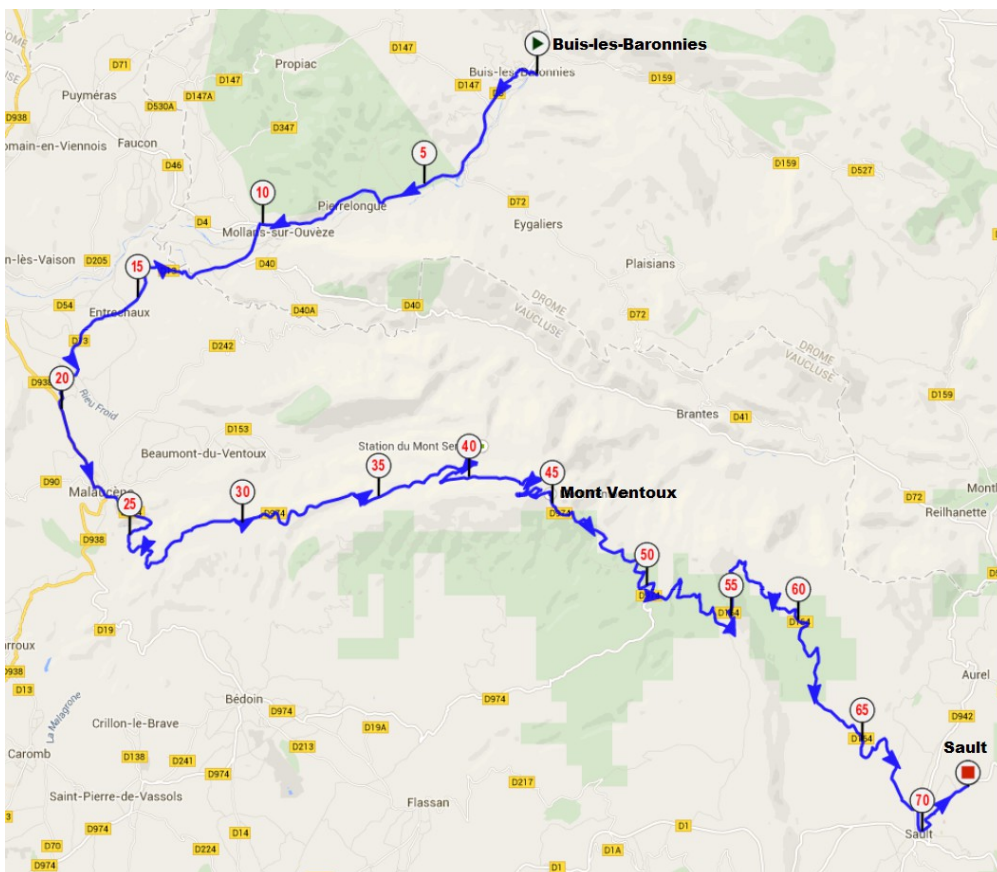
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Sault

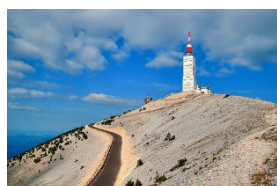
This is it ! This stage is the most gruelling stage of the TdFFR 2015 with the climb of the Mount Ventoux, the « Giant of Provence » culminating above 1900m. Le Mont Ventoux is a particularly tough ascend because of its double digit gradient but also because when runners hit the wide-open, lunar-like upper reaches of the climb, the steep tarmac gives way to potentially violent winds.

From Buis-les-Baronnies to Malaucène the route is relatively flat with the north face of the Mont Ventoux looming at the horizon. Upon leaving Malaucène (el.360m) the road steepens to over 9% for 2km. Then after giving some respite the runners between Km 5 and Km 9, the gradient goes again over 10% for over the next 4km. This is a very hard section, as the road pass the water tank and the concrete shed , it swings right then continue straight ahead for a kilometre at over 10% towards a mini roundabout and the Chalet Liotard. As the route emerges from the woods, the TdFFR's runners will enter a lunar landscape for the next and final 4km, with a first view of the tower 250m above their head and a magnificent view to the North where on a clear day the Alps form a fantastic backdrop. (Elevation: 1535m. Average gradient: 7.3%, max gradient: 10%). The route will reach Sault after a 28km descent through a mosaic of lavender and spelt fields that you find only in the Provence region. The TdFFR 2015 will pitch its tents on Campsite of the Deffends. [+info](#)

### Buis-les-Baronnies > Ventoux > Sault



Perched on a 765 m high rocky bluff overlooking the valley of the Nesque, Sault is an old fortified village with large lavender fields spread out below to the south and west. A long multi-arched road bridge crosses the tiny La Croc stream below, past the southeast end of the village. Along with the ancient buildings lining the high ridge are the remains of a huge feudal castle.



## ***Stage 15: Sault > Gréoux-les-Bains***

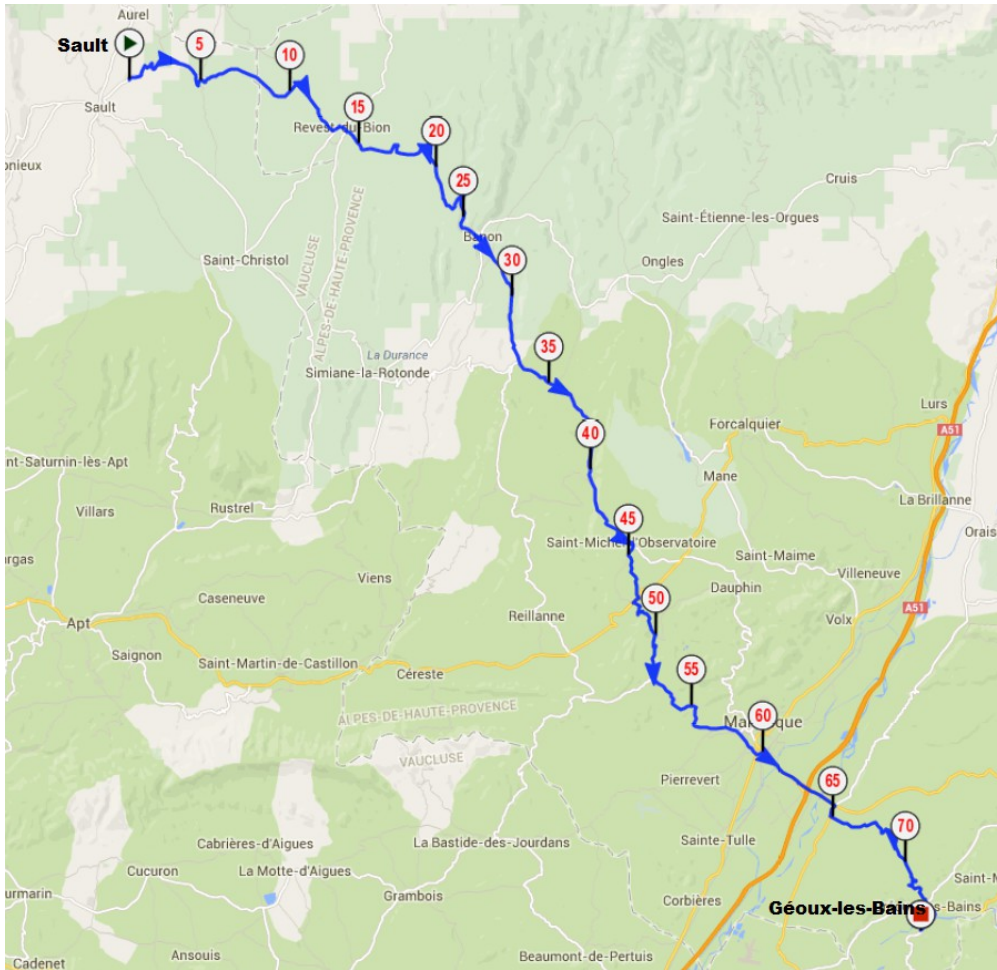
12/07/2015

74.925km

Sault > Gréoux-les-Bains

On leaving Sault, the route will take the runners through the highlands of the plateau d'Albion, crossing the beautiful villages of St Trinit, Revest-du-Bion and Banon. From Banon the route will descend towards Manosque and then will cross the Durance River to reach Greoux-les-Bains. Le TdFFR will stay overnight in the 4-star campsite of the Camping du Parc du Verdon with swimming pool and restaurant, situated on the edge of Gréoux-les-Bains on the banks of the Verdon River. [+info](#)

**Sault > Gréoux-les-Bains**



Gréoux-les-Bains, a typical Provencal village built around a 12th century castle, was first established as a spa town by the Romans. Gréoux-les-Bains is the third most popular French spa town conveniently located between the Verdon and Luberon natural parks.



## ***Stage 16: Gréoux-les-Bains > Aubagne***

13/07/2015 86.17km Gréoux-les-Bains > Aubagne

This is one of the longest stages of the TdFFR 2015 which will bring the runners at a stone throw from the Mediterranean Sea and Marseille. The route upon leaving behind the Verdon River will make a longue incursion into the departement of the Var et

will cross the charming little town of St Maximin la Sainte Baume before entering the departement of the Bouches du Rhône and reach Aubagne.

The TdFFR 2015 peloton will be sleeping indoors under the roof of the gymnasium Serges Mesones thanks to the help of Chantal Andrade our local runner wearing the bib no.13.

**Gréoux-les-Bains > Aubagne**





Situated between Marseille and Cassis, Aubagne is the birthplace of Marcel Pagnol, the writer and film producer who glorified Provence and its culture through the colourful characters of Marius, Cesar and Fanny. Aubagne has been known for its pottery since ancient times and is today the centre for the Provence Santon production. The town has been hosting the HQ of the French Foreign Legion since 1962 following the Algerian independence.

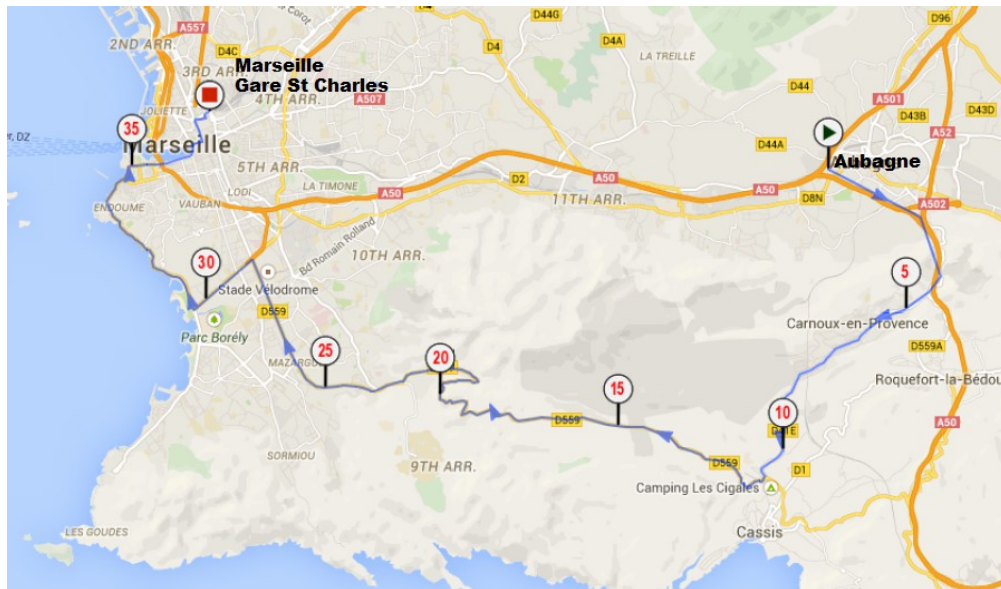


## Stage 17: Aubagne > Marseille

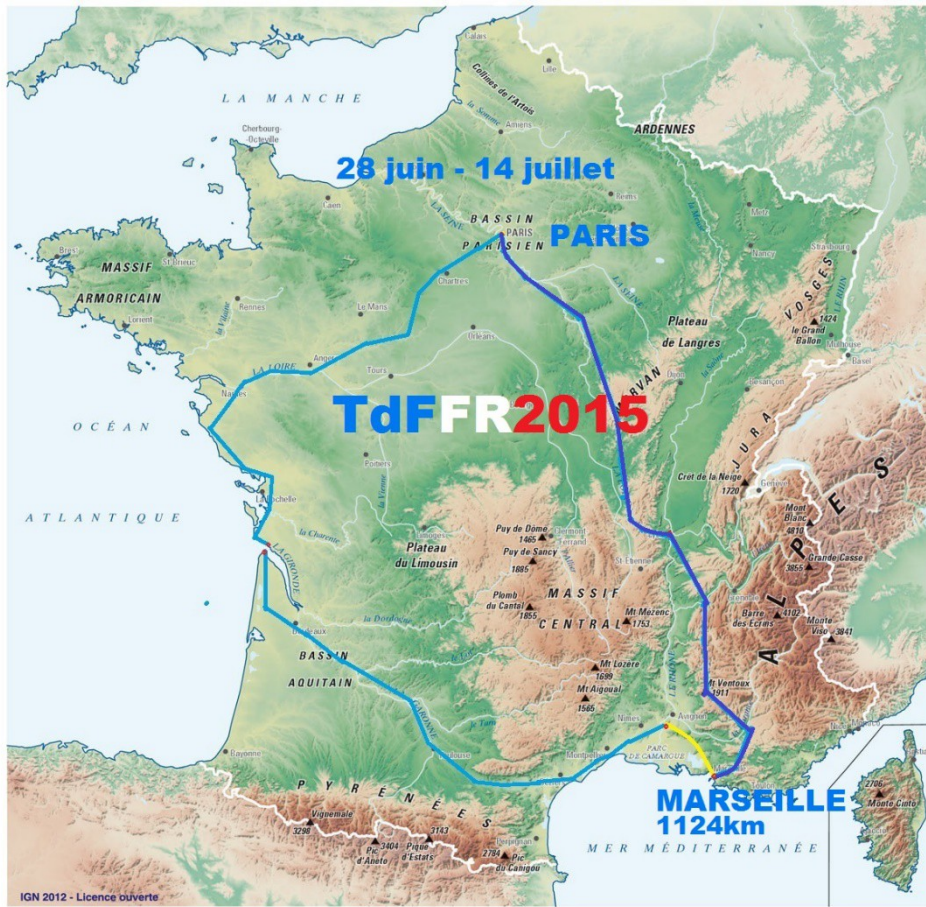
14/07/2015 37.954km Aubagne > Marseille

This stage will be the shortest one of the 43 stages of the TdFFR2015. For Bastille Day the the only major difficulty of this stage will be the ascent of the pass of La Gineste (326m) between Cassis and Marseille in the Massif of the Calanques. From there only 19 km will separate the runners from the finish line in front of the St Charles train station, The route will pass nearby the Stade Velodrome (home of l'OM football team), the beach of le Prado, the cap of Pointe du Roucas Blanc , and the famous old port Le Vieux Port. Following their arrival at the Gare St Charles station, and after running 536 km in 8 days, the TdFFR's runners will board a train to Arleswhrer they will spend the night on the campsite of Camping City: [+info](#)

### Aubagne > Marseille



France's second largest city, Marseille is a rich, pulsating port city bubbling over with history. Since Greek settlers came ashore around 600 BC, waves of immigrants have made Marseille their home bringing a feast of world cuisines, shops, music and cultural celebrations in a town which never slows from the Vieux Port to the Stade Velodrome.



Sponsor officiel du TdFFR 2015



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