

43 stages 2800K from 28 June to 9 August 2015

# Countdown to Paris

150 days left before the start of the longest multi-day  
footrace in France.

The programme of the race will be unveiled over the month of February starting with the schedule of the 3 pre-race days in Paris on June 26-27-28. The fully signed route of the 43 stages will be laid out in the following weeks with a comprehensive guide of the accommodations at the finish point of each stage. Finally in March, each participant will be assigned a password to access the runners secured page at Skyrun.org to download the stage routes from the Openrunner platform.

PRE-RACE GATHERING: PARIS JUNE 26-27-28 2015

D-2: Friday June 26 2015



- Late afternoon pre-race meeting at Camping Indigo Paris Bois de Boulogne: 2, allée du Bord de l'Eau Bois de Boulogne 75016 Paris.
- Camping accommodation in tunnel tent provided by Team Sky Run.
- Overnight stay optional. Meal not provided .
- For more details about Camping Indigo Paris campsite [+info](#)
- Easy access to the campsite by Public transportation [+info](#)

D-1: Sunday June 27 2015



- Race briefing at 5:00pm at Camping Indigo Paris Bois de Boulogne. Attendance required by all participants.
- Introduction to Sky Run team members.

- Welcome ceremony with runners check-in and Welcome Packs handing.
- Tent accommodation provided by Sky Run.
- Pasta party on the campsite Indigo Paris Bois de Boulogne.

**D-Day: Sunday June 28 2015**



- 6h30: Breakfast on the campsite.
- 7h30: Luggage hand over to Sky Run van.
- 8h00: Bus transfer to Porte Maillot.
- Tube Ligne 1 from Porte Maillot to Hotel de Ville.
- 10h00: Gathering in front of Notre-Dame at "Point Zéro des Routes de France".
- 10h15: Start of stage 1. Stage neutralized over the first 14k. Restart of the race at Massy city hall.

### JUST A FEW TIPS BEFORE PACKING



Accommodation in spacious 20 sq-m2 tunnel tents (sleeps 5 people comfortably) provided by Sky Run at the finish point of every stage.

All the campsites booked by Sky Run are rated 2\* or higher with hot-showers, WI-FI, and in some case with great amenities among them: washing machines, dryers, fridges, and swimming pool.

Do not forget: Sleeping bags and mats are NOT provided by Sky Run. Runners have to bring on their own sleeping bag, camp bed, foam mattress, sleeping mat, lantern or flash light.



Breakfast and dinner will be provided by Sky Run at the campsite of every finish point of the race. Seated meals will be served morning and evening under large “Barnum” tents of over 30 sq-m<sup>2</sup>.

Do not forget your camping mess kit: Plates, thermos, mugs, bowls and utensils. Sky Run do not provide any cutlery or dinnerware.



Sky Run move all your luggage from the start point to the finish point each day. All luggage travel in Sky Run van and will be waiting for the runner on arrival at the next campsite.

Turn up and hand it over. Don't worry about the logistic, Sky Run take care of it all to the limit of 30kg and 3 pieces of luggage per runner.



## Race Sponsors



TdFFR2015 the Ultra-Tour de France  
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## **Stage 1 : Pa**

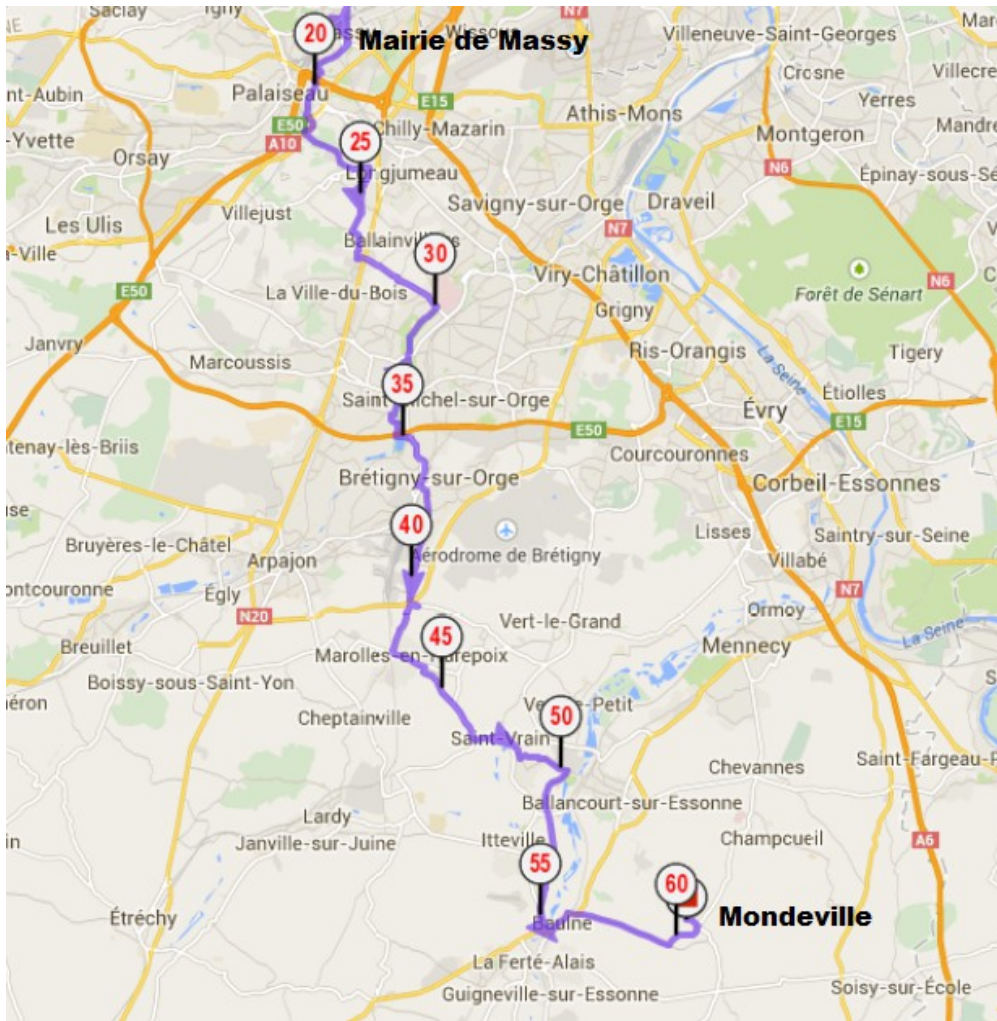
28/06/15

The TdFFR 2015 will start in the Pantheon then will take the route through Montparnasse Cemetery to the first 15k and will be supervised by the organizers. The route will travel through South Paris and head towards the finish line at the Eiffel Tower.

**Prologue : Paris > Ma**



Massy > Mondeville



Mondeville is a small village of less than 700 inhabitants located at the centre of the Gâtinais reserve. Situated between Fontainebleau and the Bauce plain, Mondeville is a great destination for backpackers and rock climbers exploring the Fontainebleau forest.

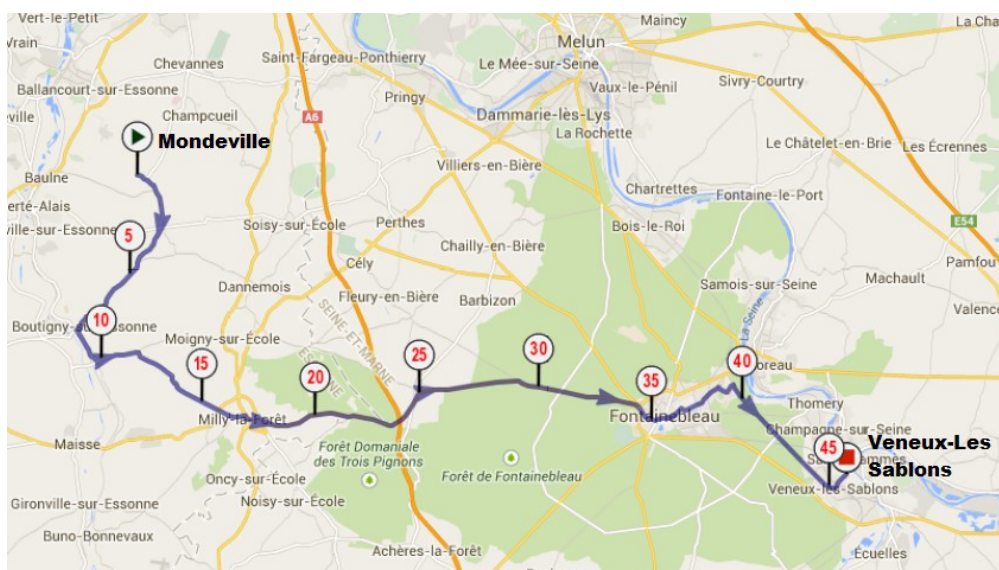


## ***Stage 2: Mondeville > Veneux-Les Sablons***

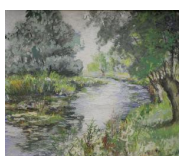
29/07/15                      46.009km                      Mondeville                      >                      Veneux-les-Sablons  
 Following a urban stage, the TdFFR 2015 will go green with its second stage. The route will lead the runners along the Essonne River for 12 km to enter the Fontainebleau forest at the km 24 mark, passing nearby the Fontainebleau castle (km 38 mark). From

there the route will take the runners into the forest for 5 km to make their way towards Veneux-Les Sablons at the confluence of the Seine and river Loing where the finish line will be set up at Les Courtilles campsite. [+info](#)

## Mondeville > Veneux-Les Sablons



Gateway to the forest of Fontainebleau, Veneux-les-Sablons features beautiful houses built in pure Gatinais style with sandstone extracted from quarries in the forest of Fontainebleau. Over 10 km of narrow alley ways, the width of a wheelbarrow and used by the farmers to access their landlocked gardens, still criss-cross the village. Today's hikers can discover the old village garden patches using the GR 11 path on the footsteps of the impressionists Alfred Sisley and Camille Varlet. Veneux-Les Sablons hosts the only Buddhist temple of the Seine and Mame headed by the influential Dagpo Rinpoche, one of the most important spiritual masters of the Buddhist church.

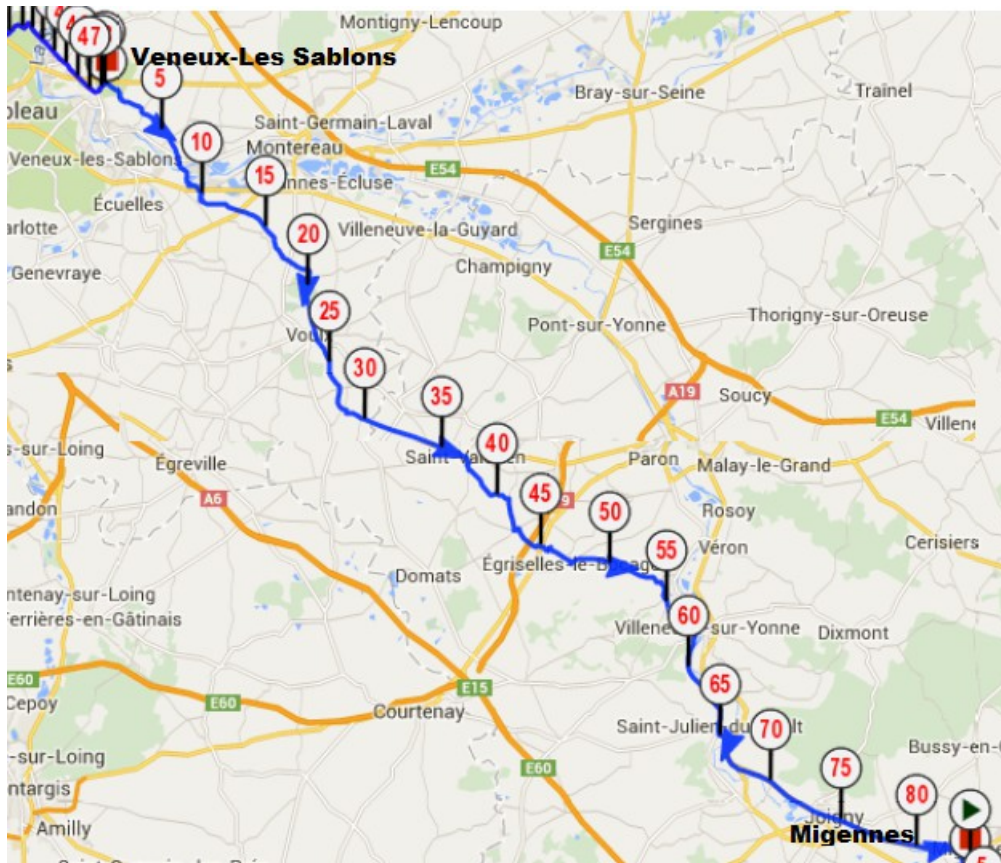


## Stage 3: Veneux-Les Sablons > Migennes

30/06/15 83.852km Veneux-les-Sablons > Migennes

After a stop for a selfy photo-op at Moret-sur-Loing, the runners will leave behind the Seine and the River Loing to follow an easy route through the countryside towards the River Yonne to finish at Migennes. The TdFFR 2015 will pitch its tents on the campsite of Camping Les Confluents. [+info](#)

## Veneux-Les Sablons > Migennes



Located at equal distance between Dijon and Auxerre, Migennes is bordered by the rivers Armançon and Yonne. The Burgundy canal begins at Migennes but the town is famous for its train station named Laroche-Migennes built in 1918 and immortalized by the cabaret artist Jean Raymond's song "Laroche Mimi, Laroche Migennes ...".



## **Stage 4: Migennes > Avallon**

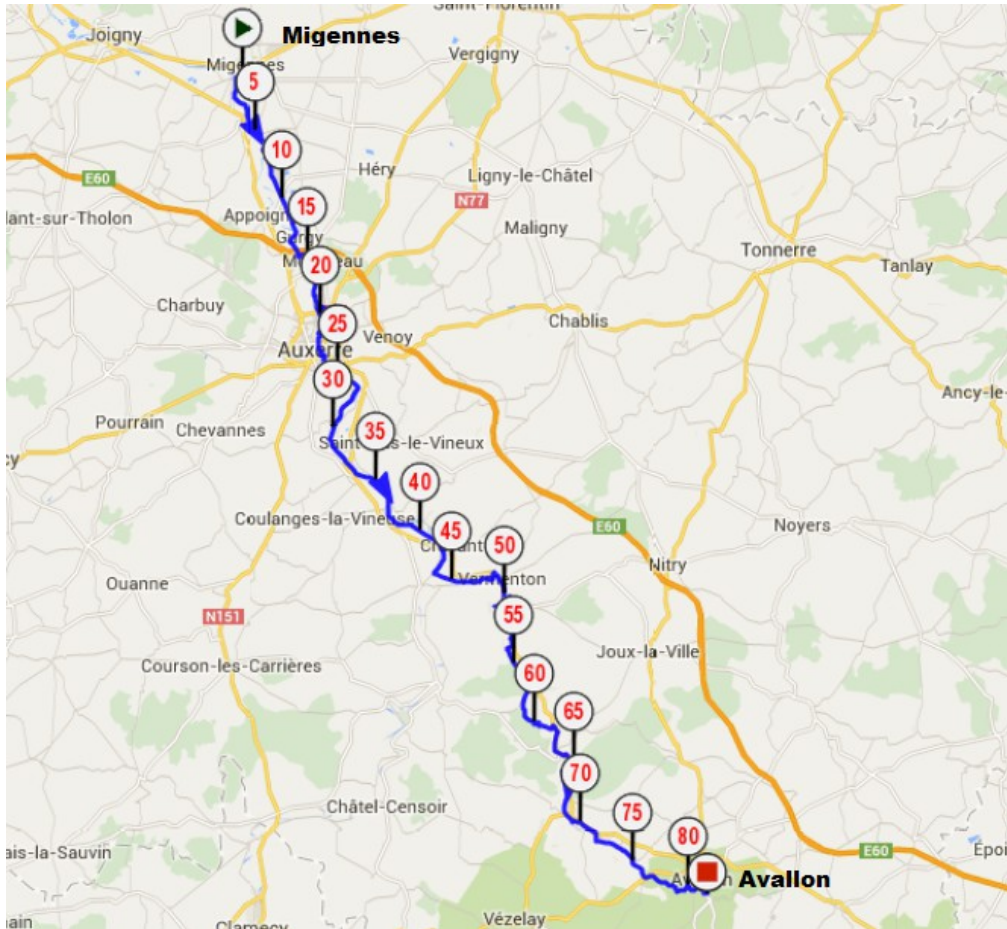
01/07/15 82.164km Migennes > Avallon

Starting from Migennes, the TdFFR 2015 route will follow the Burgundy Canal banks down to Auxerre and then use the towpaths of the Nivernais Canal towards Accolay lock from where the runners will head south through the Cure valley to reach Avallon.

Accommodation provided at Sous Roches campsite. [+info](#)

**Migennes > Avallon**





Placed centrally in Burgundy, Avallon is a fortified town perched on top of a granite promontory overlooking the Valley of the Cousin. The Tour de l'Horloge leads through the ramparts and to the old town, with many winding cobblestone streets flanked by traditional stone and woodwork buildings. Avallon is a quiet market town ideally situated to explore the Morvan Forest.



## **Stage 5: Avallon > Château-Chinon**

02/07/15

67.285km

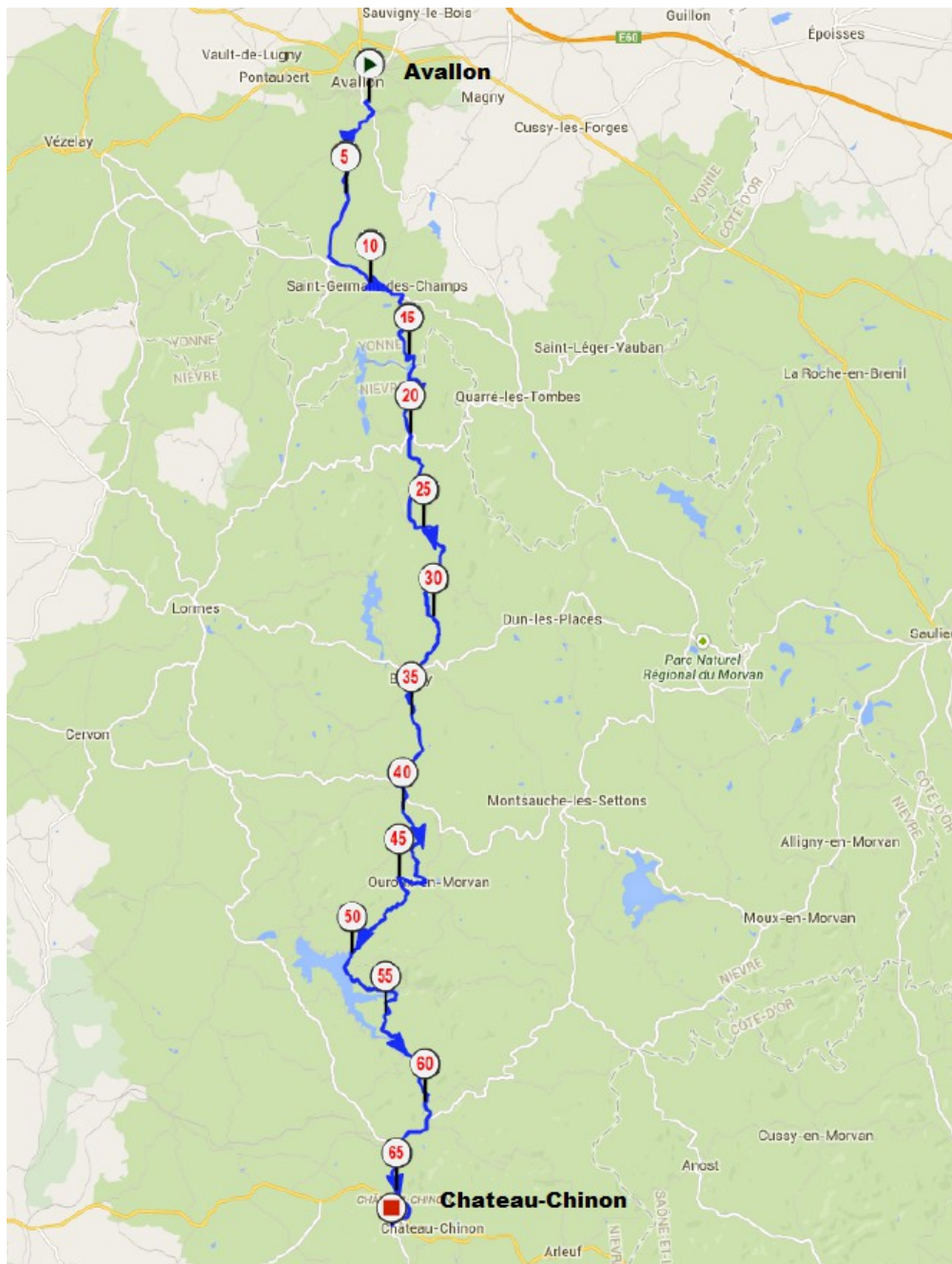
Avallon

>

Château-Chinon

On leaving Avallon the racers will now be experiencing what we consider one of the best nature stage that this race offers going through the Parc du Morvan from north to south. The route will take the runners through a beautiful hilly landscape of lakes and forest with a total elevation of +1239m. The route will reach Chateau-Chinon, home town of former president F. Mitterrand, where the runners will have the benefit of a warm, comfortable place to have a sleep, shower and food at Le Perthuy d'Oiseau campsite. [+info](#)

## Avallon > Château-Chinon



Sited in the middle the Morvan Mountains, Château-Chinon is an ancient city, built as first as a Roman oppidum, then a medieval castle controlling a vast domain owned successively by members of some of most important families (“maisons”) of the French Kingdom. Its strategic location on the borderline of Bourgogne and Nivernais, between Bourgogne and French Kingdom resulted in many sieges and destruction over the course of its history. From tumultuous past, Chateau-Chinon has only kept one fortified tower built with the stones of the castle flattened in 1475. In 1981, Francois Mitterrand, mayor of Château-Chinon from 1951 to 1981, was elected president of the French Republic.



## Stage 6: Château-Chinon > Étang-sur-Arroux

03/07/15

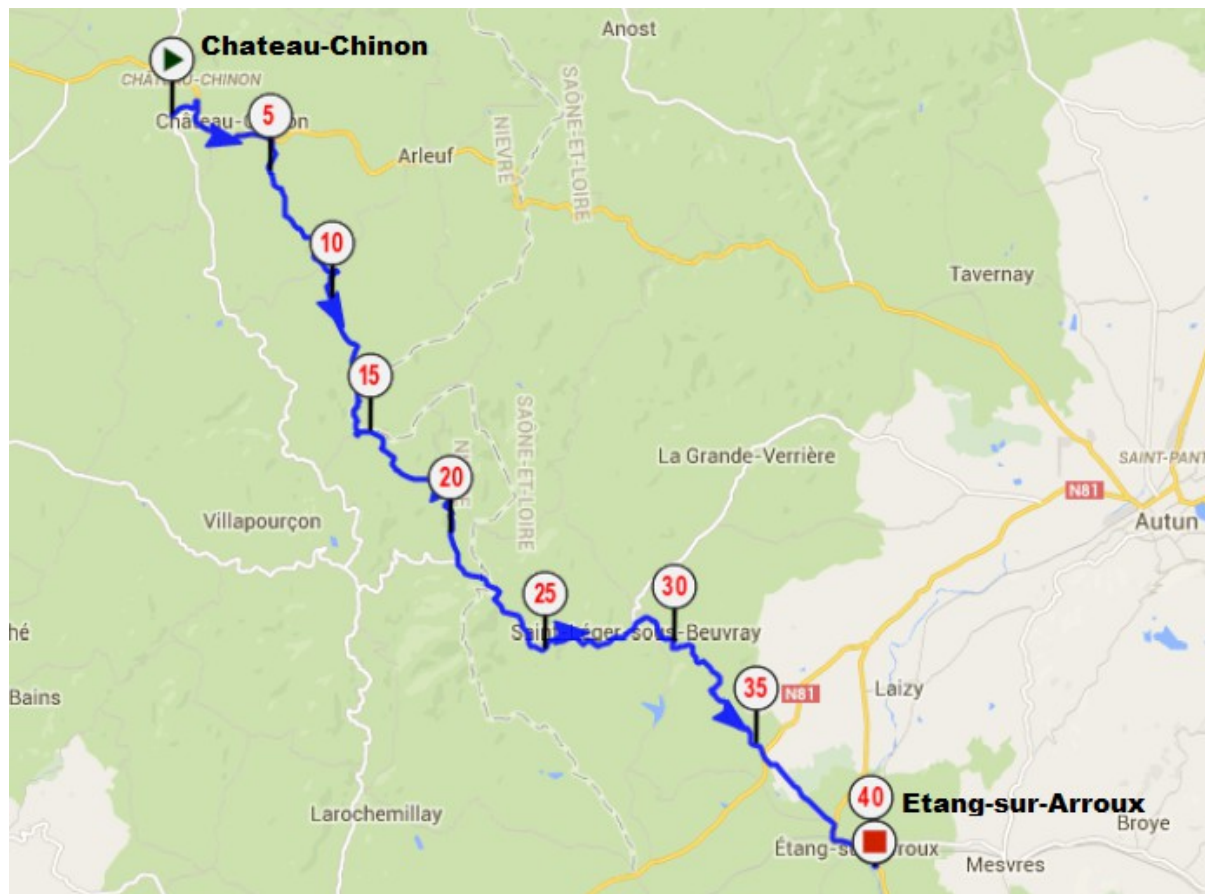
40.441km

Château-Chinon >

Étang-sur-Arroux

On leaving Château-Chinon, the runners will immediately descend gently for 4 km before the route starts to ascend gradually while following the River Yonne up to its spring at the Km 17 marker. The route then descends towards Étang-sur-Arroux after passing nearby Mont Beuveray (821m), where Vercingetorix once organized the Gallic resistance to the Roman Empire legions. The Deux Rives campsite will welcome the TdFFR racers at the finish line at Étang-sur-Arroux.  
[+info](#)

### Château-Chinon > Étang-sur-Arroux



An ancient crossing point on the Roman road between Autun and Toulon, Etang- sur-Arroux is sitting at the river junction of the Braconne, the Mesvrin and Arroux rivers. Today Etang- sur-Arroux is a village of 2000 inhabitants proud of its 5-arch bridge built in the late nineteenth century and represented in the coat of arms of the city.



## ***Stage 7: Étang-sur-Arroux > Digoin***

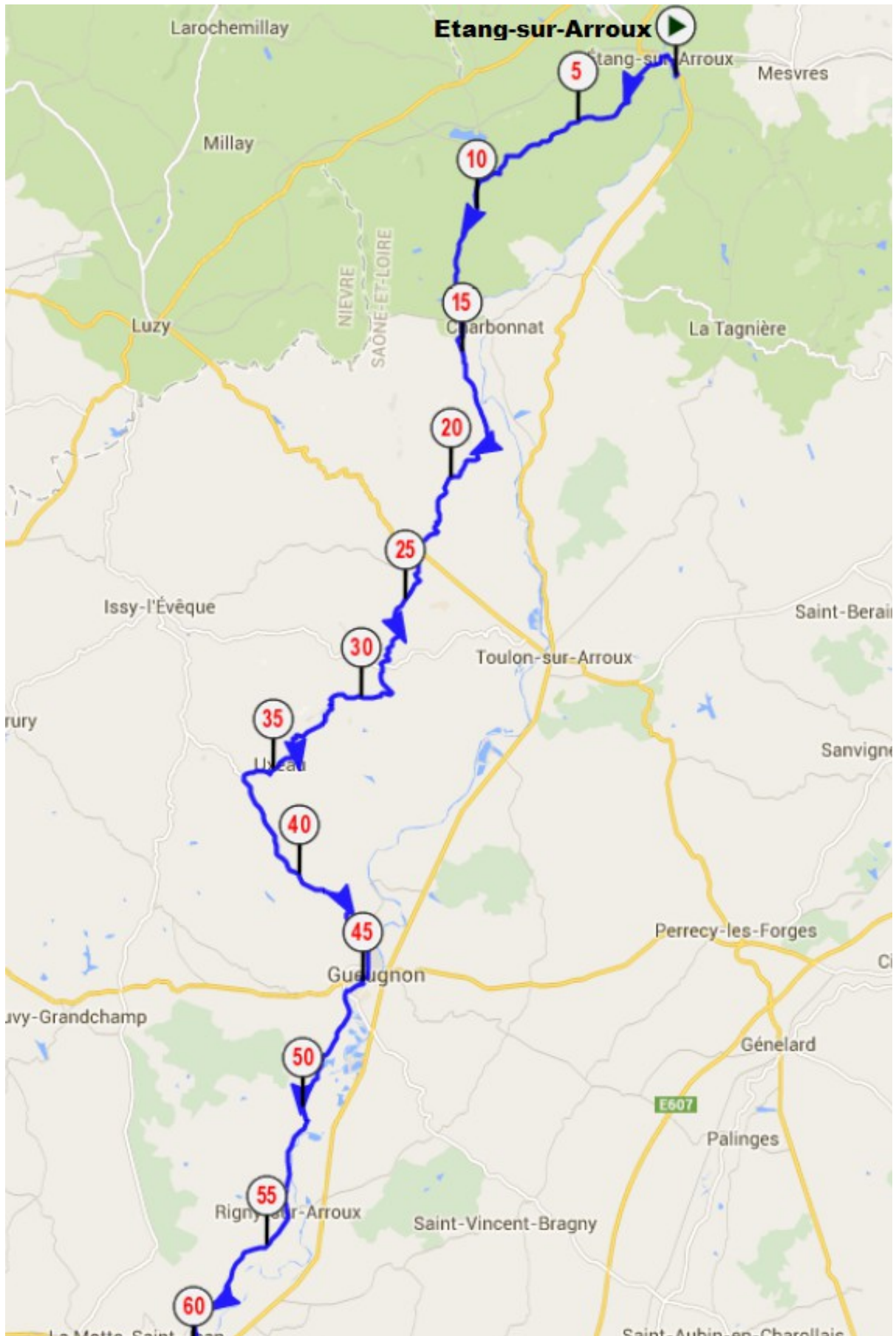
04/07/15 62.635km Étang-sur-Arroux > Digoin

On leaving Étang-sur-Arroux, the race will pass through the Pars du Morvan for a last time on the 15 km of this stage. The route will reach the River Arroux at Geugnon – a small town with a famous soccer team winner of 2000 League Cup over PSG – to finish at Digoin on the River Loire banks.

At Digoin, the TdFFR 2015 will pitch its tents on La Chevette campground situated on the edge of the town on the Loire banks.

[+info](#)

**Étang-sur-Arroux > Digoin**



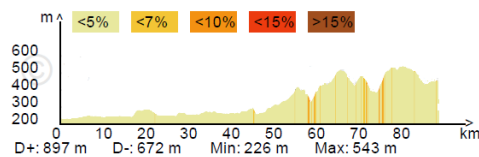
Located at the border of the region of Bourgogne, Digoin lays on the banks of the Loire River and at the confluence of the Arroux , Bourbince , Arconce and Vouzance rivers. Digoin is surrounded by water, which earned this town the nickname "Charolais Island" and make it a paradise for fishermen with 100 km of riverbanks. The Canal du Centre, the Roanne to Digoin canal and the Loire canal flow through Digoin. The canals built in the nineteenth century were a vital asset in the economic expansion of the city as they facilitated the development of a vibrant ceramics industry.



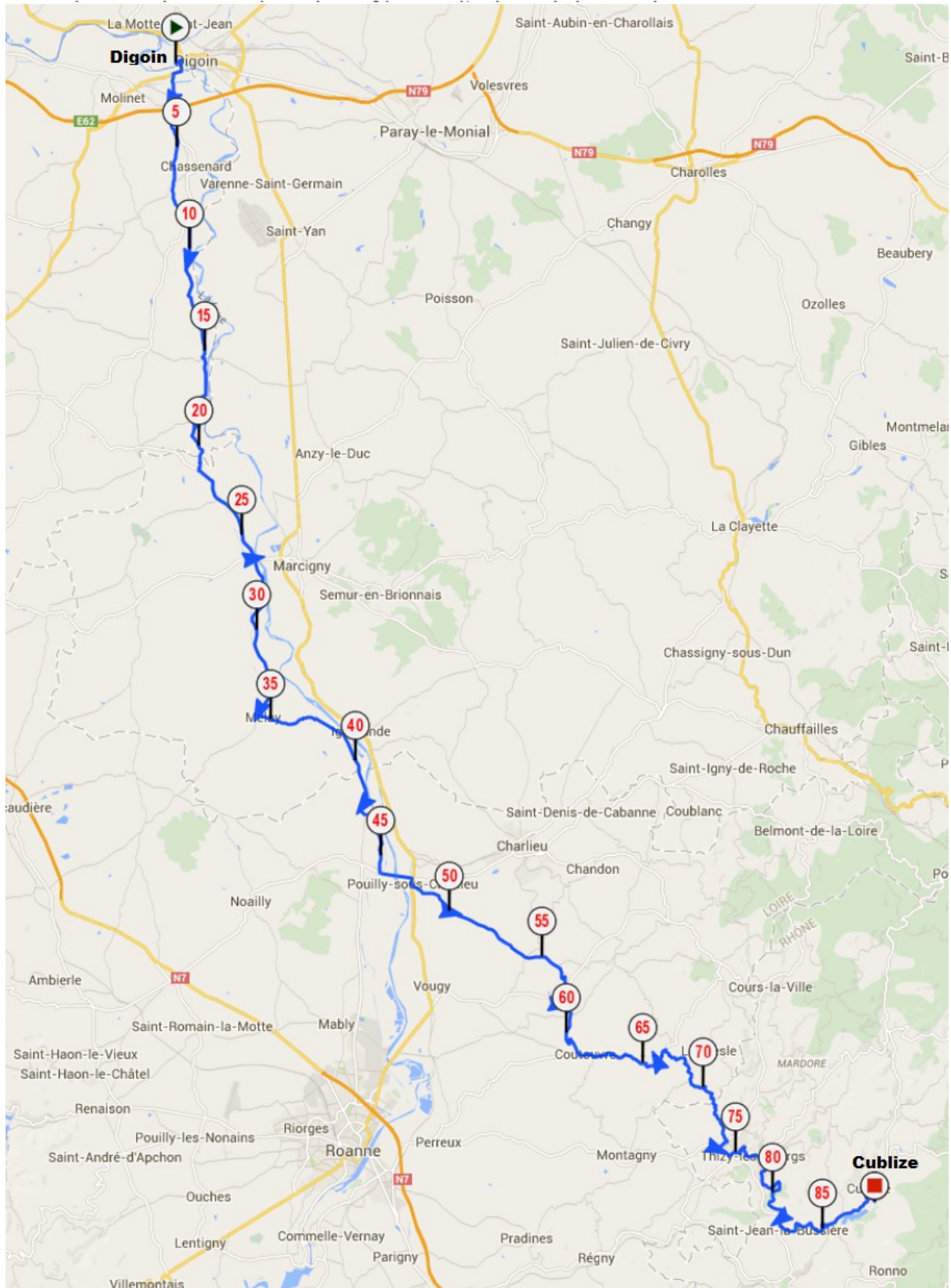
## Stage 8: Digoin > Cublize

05/07/15 89.043km Digoin > Cublize

This stage will be the longest of this TdFFFR 2015 with almost 90 km. The route will head out on the Canal Bridge towards Pouilly-sous-Charlieu (Km 45) following first the Digoin to Roanne Canal and then the Loire River. From Coutrouve (Km 62), the route will start to ascend and it is likely to be the toughest part of this stage all the way le Lac des Sapins (el. 440 m.). The runners will reach the finish line at the Lac des Sapins campsite on the edge of Cublize. [+info](#)



Digoin > Cublize



Cublize 's Lac des Sapins, literally 'the lake of the fir-trees', is an artificial lake built in the 60s. The lake was built to try to develop the tourist industry in the region situated 65 km northwest of the city of Lyon. Today the Lac des Sapins is an eco-

territory of over 115 hectares hosting the largest ecological swimming complex in Europe. [+info](#)



## ***Stage 9: Cublize > Dardilly***

06/07/15

53.807km

Cublize

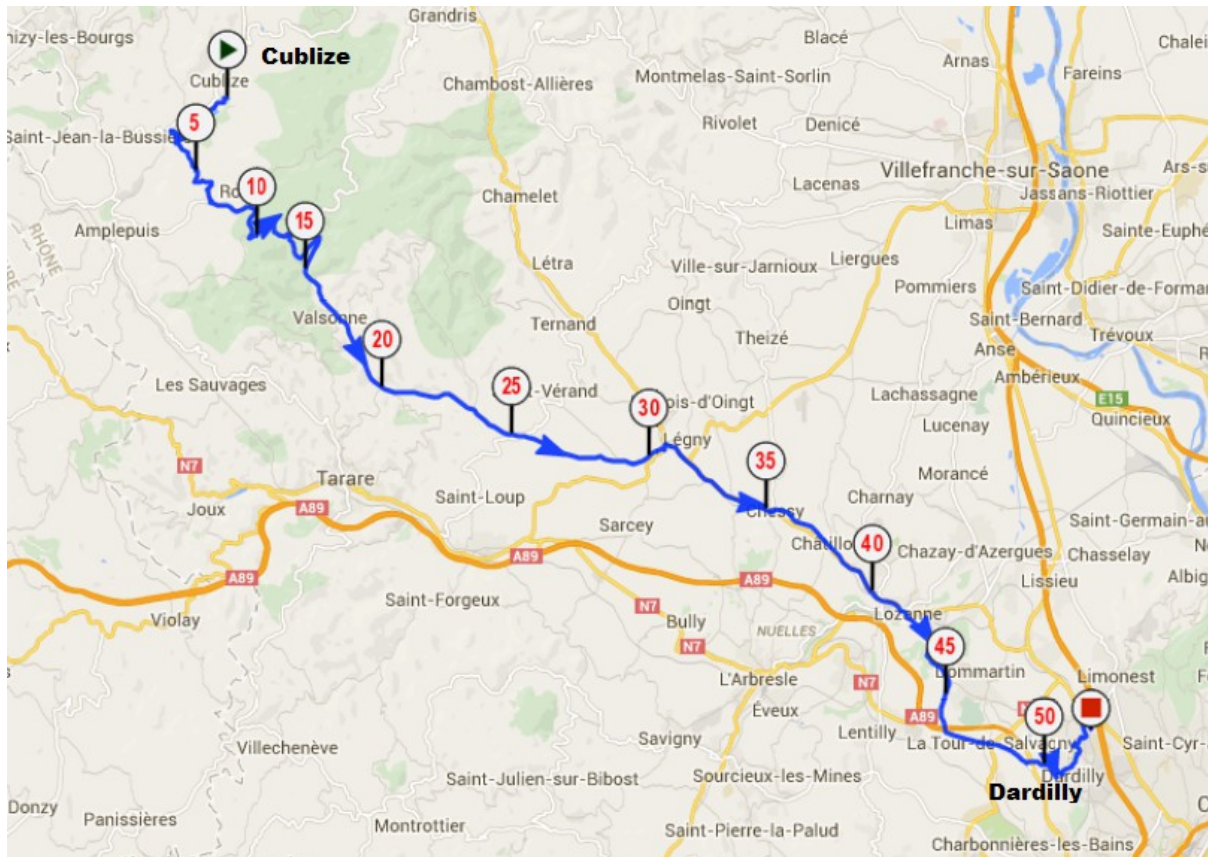
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Dardilly

On leaving the lac des Sapins, it will be a steep ascend on 10 km to reach the Pass du Pilon. The route then will descend smoothly for over 30 km towards Dardilly on the edge of Lyon Metropolis. This stage will run between a 260 and 600 m elevation offering to the racers a beautiful sight of the Monts d'Or, Monts du Lyonnais and far away the Alpes. The finish line will be at Dardilly at the entrance of the Camping Indigo Lyon campground where the FdFFR 2015 will pitch its tents for the night. [+info](#)

**Cublize > Dardilly**





Dardilly “haut” or Dardilly “bas”? Over centuries Dardilly has been split in two socially different neighbourhoods. This rivalry pushed the inhabitants in the 1860s to build simultaneously a church in each district, erecting St John Vianney in the lower district, and Saint-Claude Church on the highest point of the town.

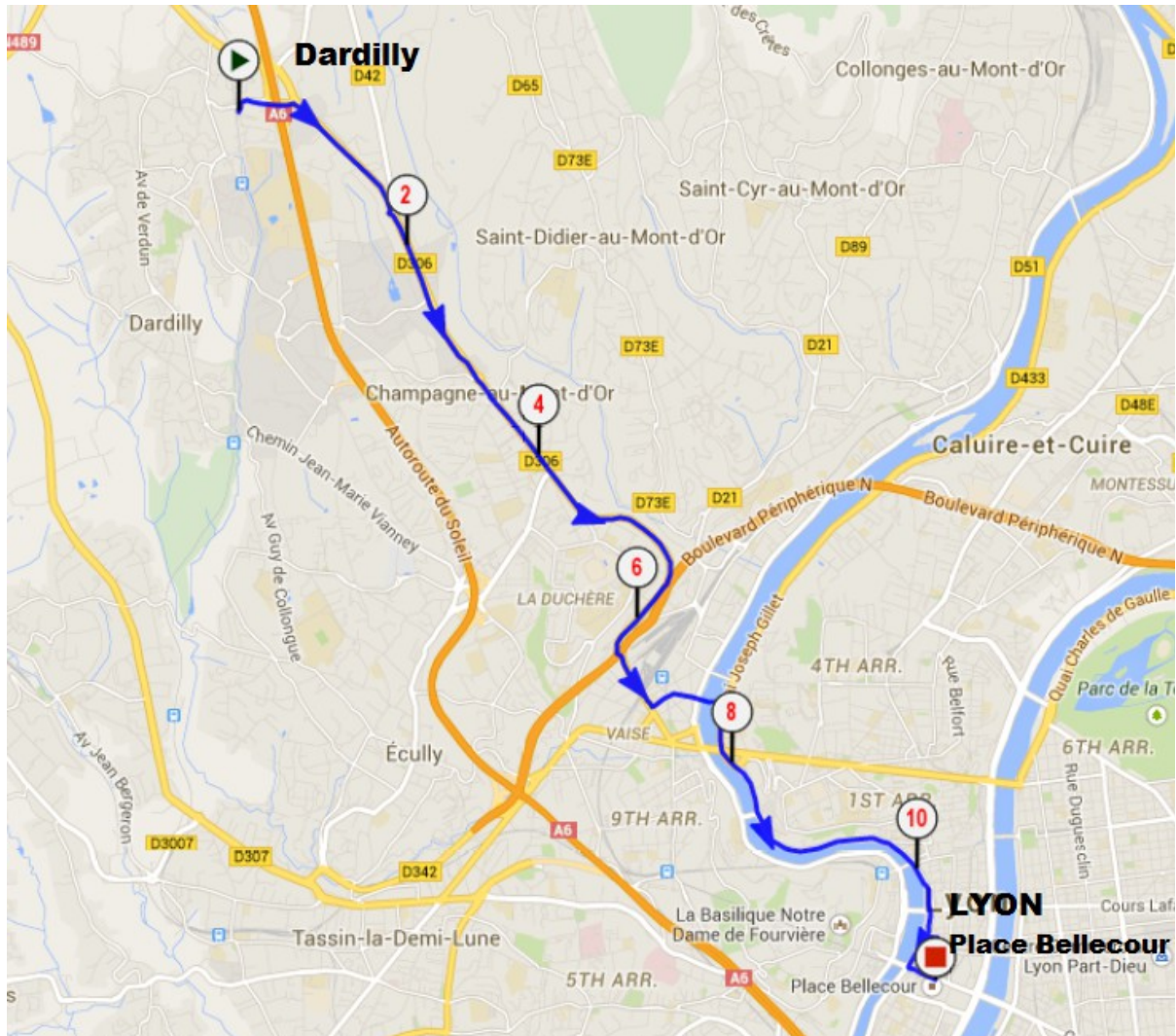


## ***Stage 10: Dardilly > Lyon***

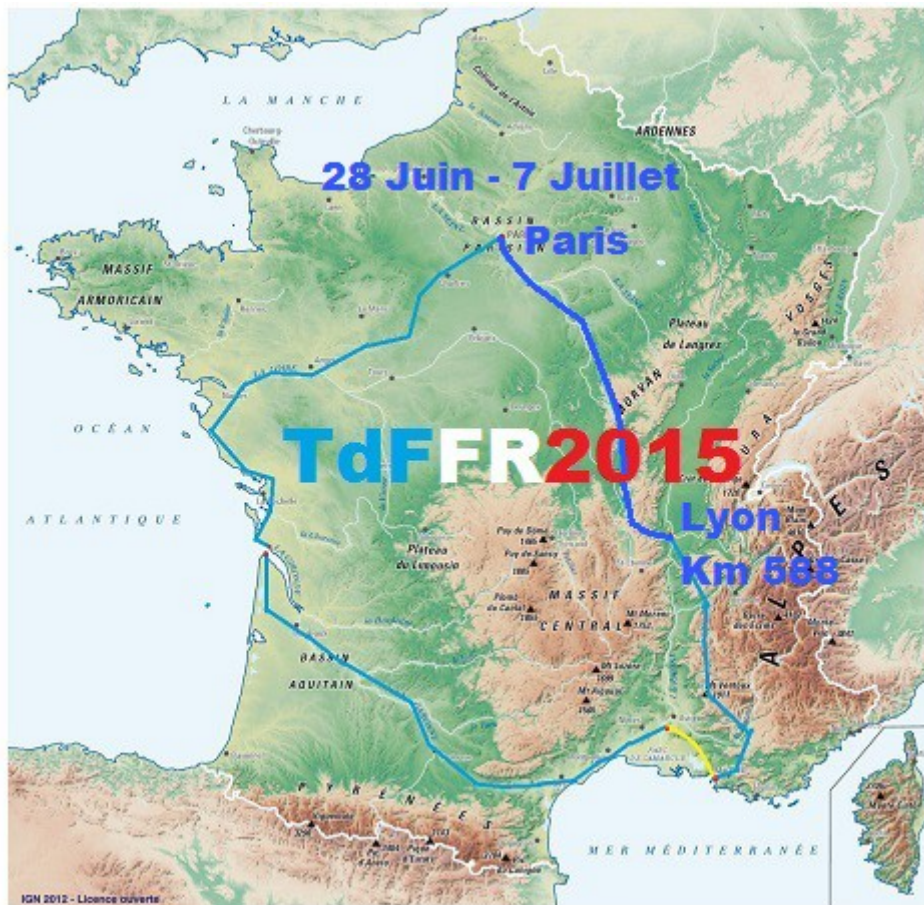
07/07/15 11.085km Dardilly > Lyon- Place Bellecour

On the 10th day of the race, TdFFR 2015's runners will reach Lyon after running 588 km. Starting from Dardilly, the route will cross Lyon from the district La Duchère to Pardilly Park alongside the Saône river to head towards Place Bellecour. It will reach its final destination on the edge of the Vercors Massif at Beaurepaire. Upon leaving Place Bellecour, the race will be neutralized up to Pardilly Park.

**Dardilly > Place Bellecour-Lyon**



A World famous square and an iconic Lyon landmark, Place Bellecour is a globally recognized symbol of Lyon. This square forms the central focus of the 2nd arrondissement of Lyon between the Saône and the Rhône. Measuring 312 m by 200 m (62,000 m<sup>2</sup>), it's the third biggest square in France, behind the Place des Quinconces in Bordeaux (126,000 m<sup>2</sup>) and the Place de la Concorde in Paris (86,400 m<sup>2</sup>). The Bellecour Square is also the largest pedestrian square in Europe. In the centre of the square, there is an equestrian statue of Louis XIV installed in 1825 to replace the one melted down to built canons during the French Revolution.



Official sponsor of the TdFFR 2015



Pour nous contacter au sujet de cet email :

**[tourdefrance\\_footrace@yahoo.fr](mailto:tourdefrance_footrace@yahoo.fr)**

Sky Run

Tour de France Footrace 2015

45, Rue Louis Mie

19100 Brive

France